

it's all yoga



It's All Yoga Teacher Training 2012 Application

First off, why an *application*? Well, the short answer is that we want to make sure that we are right for each other. There are as many hues to yoga as there are flowers in the garden -- and no two teacher trainings are the same (thank goodness!). It would be great for you to come to class and make sure we're right for you, too!

We will meet every other weekend for 21 weeks from January 6 - May 27, 2012. Friday schedule will alternate 11am-5pm or 6-9pm. Saturdays will meet 12:30-7pm and Sundays 1-5:30pm. All dates subject to change.

Name: _____

Email: _____

Address/city/zip: _____

Birthdate: _____

Home Phone: _____

Cell Phone: _____

Please feel free to Include additional sheets for answers.

What is your background and experience with yoga? How many years have you been practicing?

2405 21st street
sacramento, ca 95818

916.501.4692
www.itsallyoga.com

Are you a teacher now? Where?

List teachers you have worked with and where you practice.

Do you have a home yoga practice?



Do you, or have you in the past, practiced meditation?

Please describe any special medical concerns you have, including any prescribed medications.

What is your educational and professional background outside of yoga?

Why do you want to take this training?

Tuition is \$2950 and is due in full by January 1, 2012. Payment plan available, contact Michelle. All refunds include a \$200 admin fee. A refund after 1/22/12 will be given less \$175 per week. We regret that we cannot issue a refund after 2/19/12.

There is a \$200 application fee which will be refunded if your application is not accepted.

I have read, understand and agree to the information and terms listed about It's All Yoga School's, requirements, payments and refunds.

Signature and Date:

Please submit your application
at the studio or by mail to:
It's All Yoga School
2405 21st Street
Sacramento, CA 95818

it's all yoga



2405 21st street
sacramento, ca 95818

916.501.4692
www.itsallyoga.com

